Editorial

The heartwarming story of a girl and her dog:

How pets can teach us priceless lessons and change our perspectives on life and love. See PAGE 3

Gull Life

A lost art?

A breakdown of how traditional and internetbased radio fares on SU's campus.

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Sports

Insanity continues at SU

Students tough it out as they take on the weekly Insanity workout at Maggs

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Salisbury University's student voice

Volume 41, Issue 5

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Online exclusives at www.thesuflyer.com

Freshmen retention rates continue to climb

BY MOLLY FELDMAN Staff Writer

First impressions are very important and incoming college freshmen want to have a great first impression of their new surroundings. A bad impression could easily sway a student from returning for their sopho-

Many colleges and universities create programs to help make the first year college experiences more enjoyable. Creating opportune social interactions and regular meetings with academic advisors really help to ease the transition.

According to a national survey by ACT, all survey respondents identified freshmen seminars, advising interventions and comprehensive learning assistance as just a few "campus retention practices that had the greatest impact on student retention."

Salisbury University President Janet Dudley-Eshbach, addressed the university's retention rates at her President's Office Hours held Tuesday, Sept. 18.

"Our retention rates are less than any other institutions," Dudley-Eshbach said.

SU's retention rates have increased since 2002. SU's entering fall freshman class of 2002 had a retention rate of 79.8 percent and in 2009 had a retention rate of 81 percent. According to a survey conducted by U.S. News in 2010, 137 of the surveyed colleges had a retention rate of 90 percent.

With an increase in incoming freshmen every year,

SU's retention rates continue to climb.

However, Dudley-Eshbach said that improving the sophomore experience for students was something that needed to be worked on, and SU offers many programs to help ease first year students into the collegiate world.

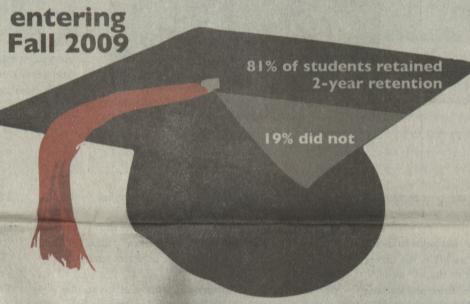
SU's Center for Student Achievement (CSA) looks to help students reach their full academic potential. With tutoring and workshops readily available, students have access to help all semester long.

The CSA is also given notice of students who have received a 'D' or lower in their mid-semester reporting and make sure to offer additional help to get those students back on track. Between the University Writing Center and the Math Tutoring Lab, students are given many opportunities to succeed academically.

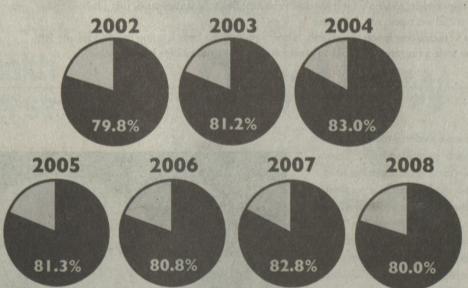
But student social interactions, or lack thereof, also have a large impact on student retention. SU offers several different social experiences that use a mutual interest to connect students.

According to the SU website, Powerful Connections is "an intercultural orientation program for students of color." The program connects students with upper-

Full-time First-time Students Retained 2-year Retention Rate



1033 out of 1276 students returned their second year



statistics from http://www.salisbury.edu/iara/

See FRESHMEN on Pg. 2 Adora Bowman Graphic

Dream Act could allow in-state tuition prices for immigrant Maryland teens

BY MAYRA MELENDEZ Staff Writer

It is one of the most disheartening feelings in the world. Just ask student Veronica Martinez how it felt when a school aid told her, "You shouldn't even try applying to college, there's just no chance they're going to let you in."

"It felt horrible," Martinez said. "I just felt crushed. There's no way to explain it.

Martinez's situation is that of many students in Maryland. They apply to a Maryland college and realize they are not going to be able to attend due to being charged out-of-state tuition. The reason for this is that they are undocumented.

Americans constantly emphasize the importance of education and the American Dream; yet this dream is not attainable to all. It is not reachable to those Maryland students who graduated high school at the top of their class with honors and are not able to pursue their dreams of an education due to their legal status. There is something being done to help these students, and Maryland voters are going to have a hand in doing SO.

The Maryland Dream Act is a bill that will allow undocumented students to pay in-state tuition at Maryland public col-

Cancer Prevention Study-3 gains support from SU and community



Peninsula Regional Medical Center President & CEO Peggy Naleppa, SU President Janet Dudley-Eshbach and District 38 Senator James Mathias before the CPS-3 kickoff event in Holloway Hall on Wednesday, Sept. 26.

BY SARAH KRAUSS News Editor

One in three women and one in two men will be diagnosed with cancer during their lifetime, according

to the American Cancer Society. The American Cancer Society is recruiting 300,000 men and women between the ages of 30 and 65 to participate in the National Cancer Prevention Study-3 to understand the next generation of cancer and work toward prevention and a cure.

Renee Stephens, Lead Champion for the ACS, said that better screenings, treatment and early detection along with volunteers are essential to

See CPS-3 on Pg. 2

See **DREAM ACT** on Pg. 2

Professor travels to Iceland with Fulbright Scholarship Program

BY MARIAH WAUL Staff Writer

the biology of Arctic fish in Iceland.

The Fulbright Scholar Program is a national compediscipline honors society founded in 1897 search and to study an area of interest while abroad. In order to be eligible for the award.

ported that year to travel abroad. The last several years classes are taught in English," Williams said. have shown a trend in the awarding of three scholarand the other is open to all disciplines. For the 2011 an educator and a student while abroad. in Iceland.

"All of the stars lined up, and I am here," he said.

warming on water temperatures in the region. The bi- luck. ology course for study abroad was focused in International Field Studies and included a two-week program in Iceland in which students were able to observe fish, birds and some invertebrates. Williams and his colleagues have made plans to revise the course in order to allow all students the opportunity to study in the region.

"Starting this summer, one course will be a non-laboratory, general education course, Biol-105- Biodiversity of Iceland. That course will have no prerequisites and will be open to all majors," Williams said. "The second course will be mainly for biology majors and some others like environmental studies majors."

Williams said that the experiences and data collected on the study abroad trips helped to develop the Fulbright proposal, which expands upon his academic specialties which include the biology of cell membranes, comparative animal physiology, and biochemical adap- Submitted photo

These peer mentors are there to help acclimate new students to dents

Learning Community (LLC). According to the SU website, experience.

around Janes Island State Park. Besides social ventures, stu-vation.

Students with a common interest in nursing, biology, art and will not return.

"living learning communities are specialized living and learning

options offered to first-year students with similar interests."

opportunities to strive academically and socially.

"After those trips we were clearer about what we could do and where we could do it," Williams said.

Eugene Williams, biology professor at Salisbury Uni- As well as being a professor of biology at SU, Williams versity, is now among a list of 14 SU faculty members is also Vice President for Affiliate Affairs at the Washwho have been recognized as Fulbright Scholars. For ington Academy of Sciences, a member of the Marythe 2012-2013 academic year, Williams will be studying land Sea Grant College Academic Advisory Council and President of the SU chapter of Phi Kappa Phi, an all-

tition in which a group of select students and faculty Based in the country in which research will be conmembers get the opportunity to compete for merit ducted, many faculty members that apply for the Fulbased scholarships, which can be used to conduct re- bright award are required to speak a secondary language

In the competition, the United States' federal and state "Fortunately for me, Icelanders, almost all of them, governments decide how many scholars will be sup- are fluent in Icelandic, English and Danish. Many

Having only English language proficiency, Williams ships, two of which are aimed at a specific discipline has found himself in the unique position of being both

year, Williams applied for the fish biologist position and "I am learning Icelandic, both formally in a class, and was awarded that position by the Fulbright Commission informally just by living here," Williams said. "It is a beautiful language that is a lot of fun to speak, but it is very difficult to learn."

While in Iceland, Williams will be continuing the research he embarked on during his 2010 and 2011 study ership capability that a scholar must demonstrate in abroad trips, namely how the cell membranes of fish order to receive the award, Williams said he attributes and other fauna will adapt to the effects of global his award to good questions, good planning and good



class students of color who can help through peer mentoring. a few of the conveniences the program supplies for its stu-

According to the SU website, research has shown that stu-

their new surroundings, but there will always be students who

are unavoidable. According to a study done by the University

Another one of SU's popular programs that helps to incordents who participate in LLC's earn higher grades, are more

porate students into the culture of college life is the Living engaged in their academics and have a greater overall college

many other concentrations live together and are given great Many reasons why students will most return for a second year

Some LLC students have traveled to New York City to see a of Hawaii at Manoa, most students are not retained by the uni-

Broadway play and others were given the opportunity to kayak versity due to health, financial situations or just a lack in moti-

dents in LLC are provided many amenities in their living space: Kenly Khan, a journalism broadcasting major, said she left

Study rooms, pool tables and unique suite style living are just SU to pursue better opportunities for her future.

CPS-3

Statistics from the American Cancer Society show that about 577,190 Americans are expected to die from Caner in 2012.

"People often ask, will my partic- study." ipation make a difference?"

2 have led researchers to link smok- along with D.C. and Puerto Rico. gional Medical Center.

"Someone's loved one from the costs. ing," Napella said. "Research is the together, today."

samples, and complete a compre- "It's here." hensive survey as well as a follow though most typical SU students county.org. may not be able to participate in the study, they can encourage friends, family members and professors to

President's Office Hours.

SU provides ample opportunities for students to thrive in There will be pitfalls for every university and college trying

the tuition affordable," she said.

SU President Janet Dudley-Eshbach said students can make a difference when it comes to supporting cancer research, as seen through the large contributions made to Relay for Life each spring. Dudley-Eshbach said she, like so many, has been affected by cancer, with a particularly sad memory being the passing of her cousin at 6

"It is so important we put our energy and resources into finding a stopping cancer at the Tri-County cure," Dudley-Eshbach said. "That Kick Off on Sept. 26, at Salisbury is why I am a champion, and I urge all of you to be champions in this

The ACS is focusing on the af-Stephens said. "Research (from) 50 fects of a generation that is sedenyears ago has made a difference. I tary for most of the day in Cancer see this effort by the ACS as a cru- Prevention Study-3. So far, 130,000 people have volunteered to partici-Cancer Prevention Studies 1 and pate from 34 states nationwide

ing with increased cancer risks, as Senator James Mathias spoke of well as exploring the connection his personal fight against cancer, between obesity and cancer probamotivated by his wife, who passed bility. The study is particularly rele- from the disease. The Kathy Mathvant to the Delmarva region ias Chemotherapy bill requires that because cancer rates are 15 percent insurance companies cover all canhigher here than anywhere else in cer care costs equally, according to the state, said Peggy Naleppa, pres- an article on WYPR News. Mathias ident and CEO of Peninsula Re- said that the bill could potentially help 700,000 Marylanders with care

lower shore will pass from cancer "You know, you have to believe," while we sit in this room this morn- Mathias said. "We are going to lead

foundation for the industry of how

Enrollment locations include Salwe learn to heal our populations." isbury University and PRMC from Volunteers for the study must Wednesday, Nov. 7 through Saturhave not been diagnosed with can-day, Nov. 10. To participate as a volcer, except for basal or squamous unteer, visit CPS3Tricounty.org.

cell skin carcinoma, provide waist "We're going to continue to rally measurements and small blood and find that cure," Mathias said.

For more information on the up survey every few years. Al- CPS-3, visit cancer.org or cps3tri-

Dudley-Eshbach touched on the school's tuition during her

"Tuition rates have jumped dramatically, but we try to keep

to retain their students, but with the programs SU has to offer,

Making sure students and their families are aware of these

programs is vital to those students' successes. If those students

are open to help and look to strive in the collegiate world, then

their chances of returning for their sophomore year are greater.

they can lower the amount of students who do not return.

EDITORIAL

Overheard: How do you feel about the Orioles going to the playoffs?

Photos by Alexandria Young



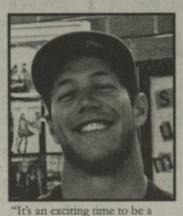
-Clara Shaller, Freshman



"It's incredible because I grew up around Baltimore and now they have a winning season." -Michael Asero, Sophomore



haven't made it in a while." -Casey Smith, Sophomore



Baltimore sports fan." -Evan Hockel, Grad student



"Even though I'm not a fan of the Orioles, I think it's pretty cool and I'm glad they made it." -Lauren Webber, Junior

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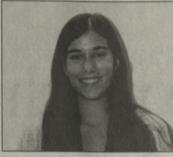
www.thesuflyer.com

Salisbury University

Salisbury, MD 21801

Pete Hicks

Animals change perspective



BY CHRISTINE KANARAS Staff Writer

I never thought I could love an animal as much as I loved Bobo. Bobo came into my life when he was 8-years-old and I was about 12 or 13. I never did get the joy of having a loveable pet in my early childhood, except for one or two

One day, as I was dog-sitting for a neighbor, he told me that he did not really have the time to care for his dog anymore, since he worked such long hours. He offered to let me keep the dog and I was very ex-

I asked my parents and thought it would be an immediate "no." Instead, my dad said that we would keep him for a week-long test run

to see how we liked him. We all fell in love with Bobo right from the start, and it was decided that we would keep him and give him the family he deserved.

Bobo brought my family closer together; he brought excitement to



Bobo the dog helped change his owner's perspective on life.

our lives and gave us many days of were going to have Bobo put to entertainment. He was loyal and protective and had everything I could ask for in a dog. He made me being able to say goodbye. So the happy every day after school. I could just lie around and play with him and cuddle with him. Just brought instant smiles to my face;

all pet lovers understand this bond. Unfortunately, as with all things in life, there comes a day when a beloved pet passes away or, in my

case, gets put to sleep. Bobo became old and was, over time, having more and more problems walking. He was suffering, dragging his hind legs with every step. I was away at college when my mom called me saying that they

thought that took me a long time sleep. I could not bear the thought It took me a long time to fully reof him being put to sleep without

cover from the fact that Bobo was date was changed and he was to be no longer in my life. But months put to sleep over winter break. His later my friend's dog had puppies, health was so poor that by the time and he offered me one. My mom spent a month convincing her until sleep within a week, right before she finally caved in.

I held Bobo in the car on the way My new puppy, Bella, is now to the vet and could not look at about 6 months old, and I love her him without crying. It was the to death. I thought that after Bobo, I would never be able to love a dog worst experience I had ever been as much, but I was wrong. Bella through. Once we got there, the vet injected Bobo with some form changed my whole perspective on of anesthesia, and as I watched, life and love. The heart's capacity is Bobo slowly fell into a peaceful enormous. We all have room in our sleep, but this was a sleep that hearts to love and love again. would last forever. That was a

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not being able to get a Cool Editorial Policy: Letters are welcomed and encouraged. Students, please in-Beans smoothie at 2 a.m. on a clude your name and your class. Faculty members, please include your department. Letters should be no longer than 400 words. The Flyer reserves the right to refrain from pub-

lishing any text. Deadline for submission is Wednesday at 5 p.m. Please email us the letters. The Flyer is published once weekly, during the regular school year, and is printed by Chesapeake Publishing

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The Flyer strives for accuracy and corrects its errors immediately. If you believe The Flyer has printed a factual error, please email us.

Freshmen

college life.

Dream Act leges. The requirements state the student must have: 1) attended and graduated from a Maryland high school or obtained a

2) started high school in 2005 or after and received a diploma in the spring of 2008 or after, 3) the parents or guardians must have been paying taxes for at least three years, one of those years being while the student was still in

high school,

4) must plan to attend college within three years of graduation, 5) first complete sixty credits at a community college before being able to transfer to a state school 6) provide an affidavit stating that he or she will file an application to become a permanent resident within thirty days after the student becomes eligible to do so.

Opponents of the bill say it will cost taxpayers money and attract more undocumented immigrants to Maryland. This is not true. The bill will not cost Maryland taxpayers money because Dreamers and their families contribute to Maryland's economy every day as taxpayers.

According to the Internal Revenue Service, undocumented immigrants contribute more in taxes than they consume in public benefits and are estimated to have contributed nearly \$50 billion in federal taxes between 1996 and 2003. The bill will not attract more undocumented immigrants to Maryland

because students must prove they have been in Maryland for more than three years and must have graduated from a Maryland high school. Opponents have also called the Maryland Dream Act "free tuition." This is also not true. Undocumented students will not and do not receive any type of financial

Compared to other states' Dream Acts, Maryland's has the strictest requirements. The legislation is a sensible and practical one. These are students who want to

contribute to this country. Thomas Boudreau, a Salisbury University Conflict Analysis & Dispute Resolution professor, puts it

"These are students who in no fault of their own find themselves in Maryland. They were brought over here as children. This (The Maryland Dream Act) is about equal opportunity. This is about educating the best minds by letting them go to college," Boudreau said. "We can't afford to throw away brains-this is about an investment of our future."

The Maryland Dream Act will appear as Referendum Question #4 in the November Ballot. It will be under Public Institutions of Higher Education-Tuition Rates.

Dream Act Forum: Thursday, Oct. 4 Wicomico Room p.m.



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Stay on top of your health during cold and allergy season pollination of plants and trees.



BY MAKAYLA-COURTNEY **MCGEENEY** Staff Writer

Do you sit in your class practically cringing because a student across the room is hacking up their lung? And then, the next day you feel exactly the same way. That's right; allergy and cold season is here, and it jumped right on us without any

Many people, like me, who have never had allergies, may all of a sudden experience itchy eyes, a scratchy throat and a runny nose during the spring and autumn months. This is completely normal and can easily be treated. Save a trip to health services by being proactive and identifying the sickly symptoms yourself.

The difference between colds and allergies can be separated by a few factors. Colds tend to last longer than some allergies do, and the indicators arrive one at a time. Colds can also lead to a harsher illness if certain situations get worse. People who have allergies experience the sickly feelings all at once, and they tend to fade in and out over the course of a few weeks due to the

Getting a long and good night's sleep can help prevent you from receiving a cold. Keeping up on hygiene and the cleanliness of your surroundings is also important. We are all on our own now, away from home, where Mom isn't hovering over our every move and correcting

our every mistake. It's time to learn

ment to ensure your body gets all o

how to maintain a fresh environ-

the healthy attention it deserves. When clearing any dirty spaces, the first step is to own all necessary cleaning equipment. The next step is to remove any objects so that the surface(s) are open and ready to be cleaned. Take a Clorox wipe or Green Works spray and cover the area, then wipe spotless with a paper towel. It is crucial that if any friend or acquaintance enters your room with germs, the grounds must

The colors, smells, feelings and overall look of autumn is a joyful one, but if you are sick and stuffy during pumpkin carvings or football game parties, this season will surely be dreadful. Being on your own is the time to figure out who you really are, and to take care of your body because no one else will be there to do it for you. Don't miss out on fall festivities just because you were in a rush to skip washing your hands or spraying some Lysol around because that stuff smells great. Use your senses this season and keep your wellness in check.

One of the most common versity is the lack of on-campus life after midnight, particularly on weekdays. A common suggestion is to have a place to eat on-campus that is open all day,

immediately be sanitized in order to continue your healthy streak.

would help.

Our View

Is there a need for Cool Beans to be open 24/7? complaints about Salisbury Unifor students who love to study

every day. Cool Beans café is the location most frequently mentioned as the ideal candidate for a 24/7 hangout. Cool Beans being open 24/7 would be nice, but to admit, their current hours are pretty damn good. They are already

open later than any other food stop on campus. They are open from 7:30 a.m. to midnight Monday through Thursday, from 7:30 a.m. to 11:30 p.m. on Friday and from noon to 11:30 p.m. Saturday and Sunday. Cool Beans is great any time, any day, but it is debatable whether a 24-hour schedule

First of all, what student would be willing to work at 4 a.m. on a Wednesday, especially if they have class during the day? Management would have to pay them a hell of a lot of money, which they could otherwise be spending on researching new delicious smoothie flavors. Or, they could use that money to buy a nice printer to hook up to those awesome computers,

which would be very convenient there all day.

In a few years, when pretty much everyone who currently attends SU has graduated, the Academic Commons will open, which is said to have a 24/7 eating area that will serve Cool Beans smoothies. Reading about all the benefits that the Academic Commons promises to bring will easily make a current Sea Gull extremely jealous of future Sea Gulls. But for now, we can live with

Thursday. You should be sleeping during that time, not thinking about downing a Jungle Madness or a Cookie Commo-Despite our hearts' desires, Cool Beans' hours of operation do not need to be changed.

Gull's Nest, on the other hand, should open well before 5 p.m. on weekends, but that is something to talk about at another time. (But seriously, why does Gull's Nest open so late on

Playing the dorm game



Staff Writer

We've all had those tions to your problems. obnoxious people on our dorm floors that run around at two in the morning screaming bloody murder because they think

We've all dealt with the cluster-mates that blast their music and bang on the wall, just in case you can't already hear them.

These people might be your friends during the day, but at night they're your enemies. The resident director, your teachers and even your parents may ple handle it. But I say never!

How long does it take your complaint to reach someone in a position high enough to resolve an issue? Two weeks? A month? We don't have time for that kind of nonsense. It's college time ladies and gentlemen, time to stand up for yourselves! It's time right as king of the jungle. to take action!

Obviously, ignoring the problem won't make it go away. And telling them not to will only make them want to do it more. It's like hanging up a sign that

says "Do not sing in the stairwell." Before you know I'm going to teach you is revenge. it, we'll have a choir practicing in there. Luckily, I have come up with a simple set of possible solu-

First of all, you could try sabotage. If there are girls running into your cluster at night, block the door with all of the garbage from your room. They won't want to try and pass it and risk falling in the disgusting trash. You could also make fake signs and about to lie down and drift into the world of post them in the hallway claiming that continued disorder in the late hours of the night will result in "possible punishment and/or eviction from the dorm." Nobody likes those drunk girls; trust me ladies, keep it cool.

You could also try outdoing the offender. If they are blasting some dub-step during study time, and they won't turn it down, make them know you are say to report it and let older, more experienced peo- not to be messed with. Put in ear plugs and turn up the volume above bearable levels of sound and wait. Eventually they will lose their will and submit to your superiority. Once you've beaten at least five people on your floor at this game, you have the right to hang up a poster of a lion, symbolizing your

If you're dealing with an issue that has happened recently, many "wise" adults will tell you to either talk it out or let it go. Now tell me Salisbury, where is the fun in that? It's an all-out war. The next thing

To keep it school-appropriate, I must condemn all inappropriate forms of trickery. But I can suggest a few clean alternatives. Your roommate has messed with the stuff on your desk? Duct tape all of his stuff to the wall. They left trash on your side of the room? Then stuff packing peanuts into their pillow. This really hits them at the core; right as they're dreams, they are rattled by the unfamiliar feel of Styrofoam on their heads. The satisfaction from ruining one of the most blissful moments of their day just can't be matched.

Keep it clean guys, but this is college. Don't go running to your resident assistant tattling on your friend and getting them in a ton of trouble. They could be having a dorm party and get an alcohol citation. Then who's the jerk? My point is that it's all

Structure your pranks like a satire, proving your point but keeping it in good humor. Just remember these people are your friends and classmates, which gives you the right to get them twice as bad as anyone else. Oh, and don't tell the police I'm the one who gave you the idea if you go too far. That'd be

Explosions and wild improbability: Has CGI destroyed film industry?



BY ASHA AZARIAH-KRIBBS Staff Writer

The last decade has seen some major improvements in computergenerated imagery.

Gone are the days of puppetry rubber bats suspended by string and the stiff-limbed movement of stop-motion dinosaurs are a thing of the past. Computers have allowed the realization of a whole new plane of visual imagination.

Yet is the film industry better for this change?

The obvious answer would seem to be that it has. The magical splendor of the "Harry Potter" films and the impressive thunder of the immensely popular "The Avengers" could never have been

achieved before the 21st century. And yet despite the well-hidden artifice and breathtaking realism, the world of film has perhaps lost a critical part of its attraction: that element that made viewers long for a larger-than-life experience in the first place.

This failing is in concept or, more plainly, plot.

A favorite and frequently used example is that of the "Star Wars" franchise. The original characters are unforgettable, the storyline engaging and enjoyable. Yet though the prequels carry on and even improve the tradition of imagined

scapes, they fail almost entirely in character development and storyline. The plot twists are predictable and uninteresting. The stereotypically portrayed Anakin Skywalker and Senator Amidala fail to win in three films what Luke Skywalker, Han Solo and Princess Leia achieved in one—the respect of

the average viewer. More recent examples include "Transformers," an amazingly highbudget franchise. Despite breathtaking audio-visual effects and the impressive design, the fact remains that these films are based on toys. The rollercoaster ride planned here is not based on the ups and downs of intrigue, but instead emphasizes all that is simply shiny, new and

Nonetheless, CGI itself should not be condemned for this flaw. If anything or anyone is to blame, it's the screenwriters. As Ronald Dotterer of Salisbury University's English department observes, "Most films today are made for a very young cohort...and subtle acting is more of a 'grown up' aspect."

Producers, directors and writers are wrong in assuming that eyepopping action is all the public requires. This may be one of the reasons why fewer people are buying theatre tickets than ever before, as critic Anthony Taormina notes in his September 2012 article, "Avengers' and 'Dark Knight Rises' Couldn't Save the 2012 Sum-

mer Movie Box Office": "Between the first weekend in May and Labor Day, "only 532 million tickets were sold—a tally that is 4 percent less than 2011," noting of tickets sold began, there hasn't been a number as low."

David Johnson, who co-runs the film concentration program at SU said he believes that "what has changed [in films] is the speed with which we, as audiences, are encouraged to assimilate a great deal of visual and auditory information over a two-hour time span." Associate English Professor Elsie

Walker, who along with Johnson edits the journal "Literature/Film Quarterly," said she agrees that "the default position is that meaningful content gets sacrificed with the use of newer technology." She points to the classic musical "Singing in the Rain," which parofrom silent films to sound and suggests that "as the audience becomes used to the change, as in 3D, they are able to appreciate the ad-

There has never been a golden age when movies were perfect. No creative endeavor is without a weak link or two. And if today's films often lack edge and introspection in favor of colorful displays, there are as many old films that exhibit equal flaws. Even the recent surge of remakes has an optimistic edge, as Walker notes, since they "allow us to see differences in the interpretation of a story" with their

There is no denying old films are classics of their medium and some of them will never be outshone for what they are, but it's easy to look back on a point in time, select the best from the worst, group them together, and assume in light of the uncertain future that the old is superior. The future may not seem promising, but give it a chance. The that "since 1993, when the tracking outcome may be an intriguing twist

"absolutely unique handling."

Letter to the Editor

Congresswoman Donna Edwards of Maryland's 4th Congressional District and Democratic write-in candidate John LaFerla of the 1st Congressional District will be among the speakers on Saturday, Oct. 6, from 1 to 3 and make a miscarriage a reason for a criminal investip.m., at a rally for women's rights in Easton's Idlewild

The rally, sponsored by the Democratic Women's Club of Talbot County, will also hear from Bishop Charles Cephas of the Full Gospel Church of God in Hurlock, Dr. Mila Kofman of the Georgetown University Health Policy Institute, state Delegate Heather Mizeur of Takoma Park and Washington Times columnist Catherine Poe. This "Rally Against the War on Women" is the only Women for Obama event planned in Maryland during the presidential campaign.

"The point is to educate women about just what they have to lose in the upcoming election if Barack Obama is running against incumbent Congressman Andy Haris not re-elected," said Joyce Scharch, president of the ris. Harris voted against the Affordable Care Act and

Rally organizers said that Republicans would have a radical effect on the lives of millions of American women. The Paul Ryan budget, which Republican presidential candidate Mitt Romney said he would sign if he had the chance, would fundamentally change Medicare and Medicaid, both of which disproportionately benefit women. Romney has promised to destroy Planned Parenthood, which provides a variety of health services to women. Ryan and Romney both support a

constitutional amendment to declare that a fertilized egg has all the rights of a person, which would ban all abortions and most common forms of birth control. gation. The Republican platform vows to outlaw abortion with no exceptions for rape, incest or to save a

Rep. Edwards is considered a rising star in national politics and is a frequent guest on TV news programs. She is known as a strong advocate for women's rights, including the Lilly Ledbetter Act, which helps ensure that women are paid the same as men for doing the same work, and benefits such as insurance coverage for health screenings and contraceptives that are included

in the Affordable Care Act. Dr. LaFerla, an OB-GYN physician from Centreville, against other efforts that would benefit American women. Harris also opposes the Lily Ledbetter Act.

LaFerla said that recent Republican comments about "legitimate rape" and whether woman can "shut down" the pregnancy process during rape are "a giant step backward and one more example of the Republican Party's War on Women." His write-in campaign is supported by the Maryland Democratic Party.

What to watch for in the presidential debates



BY STEVEN CENNAME Editorial Editor

The first presidential debate between President Obama and Governor Romney is on Wednesday, Oct. 3, and it will be the first of three (not including the vice presidential debate) that will lead up to the finale of this long election season on Nov. 6.

Although polls have shown that only about 5 percent of the electorate is undecided, these debates are still seen by Obama's campaign as the opportunity to seal the deal to victory, while Romney's campaign sees them as a much-needed opportunity for a

College students' support is a valuable asset sought by both campaigns. Here are three things that may be included in the debates that undecided (or even decided) college voters should listen

1: College students and Obamacare: Will the ability to stay on our parents' health plans until age 26 be preserved?

Obviously, President Obama strongly supports the Patient Protection and Affordable Care Act and, while admitting it can be improved, has made it a campaign point to defend the part of the law that allows children to stay on their parents' health care plan until age 26. Governor Romney, on the other hand, has flip-

flopped on this issue. Even though the president's health care bill is based on Romney's health care bill in Massachusetts, Romney has said repeatedly that he plans to repeal Obama's entire health care bill. However, on "Meet the Press" a few weeks ago, Romney reversed his position saying that he plans to keep some parts of health care reform, including the age 26 provision. Then, hours later, Romney's campaign sent out a memo claiming that the candidate's position is to

repeal all of Obama's health care reform. It will be interesting to see which of these two different positions Romney will embrace during the debates.

2. Where do the candidates stand on college loans and financial aid?

Obama and Romney have also

taken very different approaches to this issue. At a campaign stop in New Hampshire in August, Romney said he does not believe government should be in the student loan business because it "makes students dependent on government." He also said college students who wish to attend college but can't afford it should "shop around or ask your parents for money." Obama has attacked Romney's position saying that the former governor does not understand that not every college students has parents who are able to lend them money. Obama has touted his student loan reform on his website. Obama's "Pay As You Earn" plan caps monthly student loan repayment at ten percent of monthly discretionary income and breaks down benefits depending on where a student lives. Romney still needs to establish his views on this issue, which have been uneven since his campaign began. The debates are an opportunity for him to do that.

3. Um, about that war? Yes, college students still care about the War in Afghanistan, which continues to cost the United States billions of dollars a month. Many college students are serving overseas while many others have close friends and family serving. A recent poll from Pew Research Center shows that 78 percent of college-aged students want the War in Afghanistan to be ended. President Obama has made it clear that he plans to stay true to his timetable that ends the war in January 2014. Romney did not even mention the war in his convention speech. Romney has flip-flopped on this issue as well, criticizing the 2014 timetable at some times while saying he will honor it at others. The issue is bound to come up during the debates, and it will be interesting to see which position Romney takes.

Party Girl Problems

1. Take a beer bong. know they're intimidat ing and often times nessy, and for you girls, it's safe to say there's nothing less flattering than chugging a foamy brew through a plastic

tube, half of which will most likely end up on your dress. But you've have to take the plunge at least once, or the chug rather, because college really is the only time it will be even mildly acceptable to execute a beer bong and keep some shred of dignity. The pain only lasts for about ten seconds, and the glory will last a lifetime.

THE FLYER

2. Visit one of your professors during their office

Look, most professors don't love the fact that they're required to sit in their offices for an extended period of time when they could be out and about running errands and having highly intellectual conversations with their colleauges. So stop in to say hello. Even if it's just for clarification on a topic you already have a solid handle on, or you guys just bro 4. Order Natty on draft. out for 10 minutes, the distraction may be more appreciated than you realize. Even better approach? Have an interesting article on hand based on their topic of study (so probably not this one), and you'll end up a step ahead of the class and have an advantage that might help out your grades down the

3. Go full force to a theme party.

Ask any recent graduate about the bar scene as a young professional, and most will tell you it's a lot more expensive and a lot less wild. And while a bar full of well-dressed people discussing work, politics and their mortgage over 10 dol-

an Undergraduate lar vodka tonics may seem truly intriguing to you one day, now is the time to roll around dressed as a redneck or 80s girl without catching too many looks of confusion and horror. Or even better, throw your own theme party! It's hard to take yourself or anyone else seriously at one of these, and it's even harder to have a bad time.

Four things that a

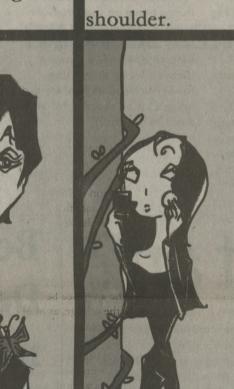
student must do as

Nothing says College Night like walking around sloshing the world's finest beer out of your cup while making the rounds. While this drink may scream sophistication to you now, there is a very limited time frame where you can chug Natural Light and still manage to snag a decent chick and forego looks of judgment from other bar guests. But be aware that you might have a tough time getting a bartender to give you a second glance after your first one, as you're almost certain to be labeled a cheap tipper (if you remember to leave one at all). Better double up on the first round.

THE ADVENTURES OF SHIRLEY HOLMES Puzzling Reflections

Featuring Claire DuVer and I. P. Laurey DuVer: I. P., there you are! Pop quiz-

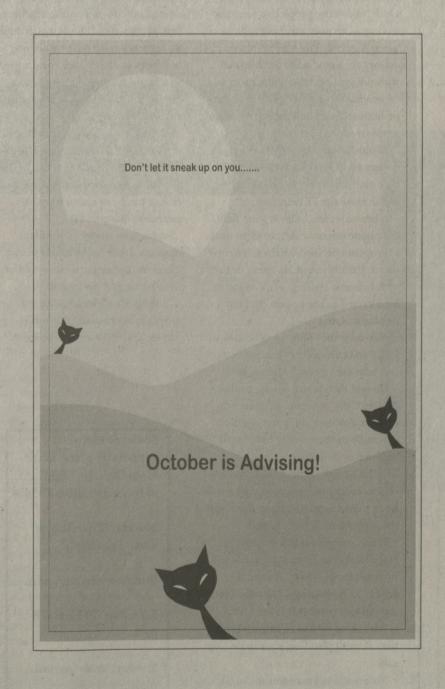
what do you think? Is the supernatural real? Laurey: There is no denying there are things beyond our understanding.



Laurey: G-ghosts? No! Of course not! I'm a skeptic. DuVer: Hmm. That's a cute butterfly...on your

DuVer (aside): But where IS his shoulder?!?!

DuVer: So you believe in, like, ghosts?





SPECIALIZING IN STUDENT RENTALS!

AND

Professor Rita Campbell has an unusual challenge when it

comes to teaching American Sign Language. She happens to

Campbell, an Alton, Ill. native was born Deaf due to her

mother's Rh factor, which is a type of protein on the surface

of red blood cells. However, communicating with the hearing

At 5 years old, Campbell began living at the Illinois School

for the Deaf located in Jacksonville, staying there until she

Science degree from Florissant Valley Community College,

and later earned a Bachelor of the Arts in Communication

Campbell said she first began teaching ASL while studying

at FVCC, when an instructor asked her if she would be inter-

Last Thursday, the Maryland benchmark. The council chose the

Health Care Reform Coordinating State Employee Plan as the plan that

Council held a meeting to decide on will serve as a benchmark for core

According to the Affordable Care fective implementation of the Af-

Act, all states must select a health fordable Care Act in Maryland,"

benefit plan that covers a core set of Department of Health and Mental

essential health benefits. Once se- Hygiene Secretary Dr. Joshua M.

mark by which all other plans in the the valuable input from stakeholders

the benchmark insurance plan for essential health benefits.,'

"By selecting the State's bench- mentation of the ACA.

essential health

benefit plan

health insurance plans to take into

consideration when choosing the

plan that would serve as the essential

"This is one critical step in the ef-

Sharfstein said. "We are grateful for

Many council members said they

episodes in a day in the life of an

L.A. cop. The viewer literally 'rides

shotgun' with the team as they go

are often related to gang violence.

If you can handle the anxiety,

you're in for an emotional ride. It

may be cliché to say that the film

makes you laugh, bite your nails

and eventually cry, but "End of

Watch" has the ability to do just

credible on-screen chemistry be-

tween Gyllenhaal and Peña, major

pieces of the narrative are left up

in the air when the credits roll. The

question of 'what happens next?' is

this being a realistic narrative, it is a

gut-wrenching experience nonethe-

What we're left with is a story

about two police officers facing

life-threatening danger every day

of their lives but aren't afraid to

still live as humans and not super-

up to the unfortunate reality of

Watch." You're sure to find a new appreciation for law enforcement

today's world, go see "End of

and their families.

If you're into films that wake you

inevitable. Though the ending of

the film may ruin the chances of

Despite the heavy action and in-

and council members."

graduated high school. She then pursued her Associates &

community is natural to Campbell, since she is the only per-

son in a family of five who was Deaf.

Arts from Gallaudet University in 1986.

ested in tutoring another student.

BY SARAH WOODS

lected, the plan will act as a bench-

state will need to follow by 2014.

mark for its essential health benefit

The HCRCC had ten different benefits."

David Ayer's new film, "End of Watch"

Screenwriter David Ayer, known on calls around the city making

for "The Fast and the Furious" and dramatic arrests and stops which

This will ensure that each plan avail-

sential health benefits.

Staff Writer

ridden city.

line of fire.

"Training Day," puts a whole new

To get an idea of what it's about,

The film, which hit theaters Sept.

spin on the clichéd cop drama

genre in his new film "End of

think of the classic reality show

21, stars Jake Gyllenhaal and

The pair is like Bevis and

Michael Peña as young and over-

confident Los Angeles police offi-

cers who get assigned to patrol the

"south side" of the gang and drug-

Butthead to the L.A. police force.

They play jokes and break rules

that should force them to give up

build their brotherly bond, which is

put to the true test upon a disturb-

ing discovery that puts them in the

Most of "End of Watch" is shot

like a homemade movie through

the eyes of Gyllenhaal's character.

The camera is often shaky, which

serves to make the thrills and chills

of the film that much more realis-

The narrative is built like mini-

their badges, but this only seems to less.

"Cops," but on steroids.

Health Columnist

be Deaf herself, and her students are generally hearing.

GULL LIFE

HEARING

"I took the opportunity to see if I liked teaching or not,"

Campbell said she ended up tutoring more than 60 students

Since then, Campbell has held various job positions as a

sign language teacher. She taught at Lewis & Clark Commu-

nity College, Catonsville Community College, Delaware Tech,

Wor-Wic Community College and finally Salisbury University,

Campbell teaches her students the basic structure of ASL

One of Campbell's students, senior chemistry major An-

didn't really know how to react to anything," Becker said.

"The first class was dead silent the whole time because we

"After a few classes I learned how to take notes on the differ-

ent signs so I would remember them when practicing later,

drea Becker, said communication was difficult at first.

in two years, eventually helping her decide her future.

where Campbell has been an instructor since 1998.

and of Deaf culture, tendency and issues.

PROFESSOR

THE FLYER

Amanda Biederman graphic

Staff Writer

BY ALEXIE MALLOY

Avoid caloric danger at The Commons

BY PETE HICKS Editor-in-Chief

Everybody hears about the Freshman 15 when they get ready to go off to college, but many students disregard the warnings or weight gain and consume a feast at The Commons every day.

A quarter of college freshmen gain 5 percent of their body weight, an average of 10 pounds, during their first year of school, according to The Nutrition Journal. However, the true danger doesn't lie in the extra pounds but in the hidden health risks that come with them.

University Dietician Kate Cerulli has worked at Salisbury University for 15 years, and she them on the menu have less arisen recently are frightening to her.

"The thing that scares me a little bit is that when I started here, the main concerns that students had would be regarding weight," Cerulli said. "But now I have students come to me with elevated cholesterol levels, with pre-diabetes, and those were things that I never saw in people under 20."

Obesity is a serious problem for children and young adults now, and having unlimited access to food at The Commons while simultaneously being given freedom from parental control is not helping.

The three most dangerous

BY ASHA AZARIAH-

The Internet has changed

media access in ways no one

Websites such as Project

Gutenberg have broken the

monopoly that libraries once

material for research papers.

Amazon's "Instant Video"

theatre trips and expensive

cable television.

held on hard-to-find texts and

Netflix's "Watch Instantly" and

have undermined the value of

Now, the Internet threatens

YouTube, of course, is a fre-

videos, but dedicated sites like

Pandora are traditional radio's

true competitors. An informal

survey of around 70 Salisbury

University students found that

about 55 percent prefer Inter-

net radio to traditional broad-

cast radio, partly because of its

easy access to a wide range of

Pandora offers customized

radio stations that allow the lis-

tener to create a music station

that plays tunes geared directly

impossible for a traditional

ers' called-in requests.

to their personal taste, which is

musical genres.

the popularity of traditional

quently-visited site for music

could have ever imagined.

KRIBBS

Staff Writer

are sugary drinks, fried foods and desserts, Cerulli said. She recommends looking at the Café Express menu every week and picking out two items to eat in order to avoid ending up factor that contributes to at Gold N' Crispy at every

"Any food that goes swimming through hot fat comes out on the other side a lot more calorie-dense," Cerulli

There are plenty of healthy options at The Commons that are low in calories. Plato's Plate is where many of the more nudensed so that students can find them more easily. All options that have a heart next to said. said the health issues that have than 35 percent calories from

> Looking at what food is being served that is good for the body and mixing it with less healthy options is key to maintaining a healthy weight.

Planning out meals ahead of time is the most convenient way to avoid overeating at The Commons. But that doesn't mean that sugary food can't be eaten sometimes.

"Every day, every meal, every minute, you can change the choices that you make, and I don't even think that you have to eat healthy all of the time," Cerulli said. "If you're eating healthy 80 percent of the time,

especially college students be-

of news. Mike Dunn, Interim listen to radio. Approximately

General Manager and Director two-thirds of the students re-

ported listening to the radio at

least one hour a week, al-

though less than 7 percent said

they tuned in for more than 5

hours. The most popular sta-

tion for students was the coun-

percent, closely followed by the

student station (WXSU) at 43

Nonetheless, Dunn said he

believes strongly that radio will

always be around for news and

"Talk radio is still very popu-

lar and its listenership is at an

all-time high across the coun-

try," he said. "Also, audience

numbers go up dramatically

interest in the ongoing presi-

broadcast the debates live."

every four years because of the

dential election and because we

try station (WKTT) at 44

Radio, a lost art?

of Corporate Support at SU's

on-campus Delmarva Public

Radio station, said he believes

most young people are simply

not interested in listening to

(WSCL) and NPR News Talk

(WSDL) are genres that both

generally appeal to listeners

Dunn said the station at-

tempted to attract younger

viewers, but soon abandoned

NPR decided to focus on its

core, older audience, an audi-

ence craving news and infor-

However, Delmarva Public

Radio still attracts young adults

signed to interest them such as

one produced by SU students

Chunkin" event in Bridgeville,

Last semester Dunn was in-

vited to speak in a class on the

media. He said a quick survey

aged 18-22, seven had never

would have listened to the

radio, (but) there are simply

listened to the radio.

radio to offer outside of listen- more options today," he said.

showed that out of 40 students

with occasional stories de-

on last year's "Punkin

"Economic reality set in, and

over the age of 50.

mation," he said.

the news. Classical music

types of food for SU students cause they're younger and they have higher calorie requirements, you can have a treat even every day. But you have to

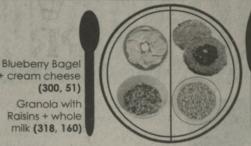
> Calorie intake isn't the only weight gain in students. Lifestyle choices affect the body as well.

Increases in calories from alcohol, more social situations that involve eating, less physical activity and excessive sleeping all contribute to weight and health, according to the Brown University Medical School.

"We tend to blame The Comtritious options have been con- mons, but you have to examine what you are doing when you're not in The Commons," Cerulli The Commons usually ranks

> in the 90th percentile in the annual survey of the National Association of College and University Food Service, showing that The Commons is healthier than many other dining services around the coun-

"There are a lot of different things going on in (The Commons) so experiment," Cerulli said. "Try different things and have an open mind because there's a lot of interesting foods out there and we try to bring a lot of them in for students to test out."



+ Jelly (140, 48) + Skim Mill



Roll (177, 237) Goldfish crackers (64)

nglish Muffin



spaghetti + (190, 120) Roll (150) rownie (164)

Whole Wheat

TOTAL 1590

Adora Bowman Graphic

TOTAL

3366

When dining at The Commons, it is important to keep track of the nutritional values per serving, which can be found at the SU Dining Services' webpage. For instance, a breakfast, lunch and dinner plan could easily add up to of fat. This number does not include beverages, snacks or any additional condiments.

The calorie count greatly ex-

ceeds the recommended daily

values for moderately active

men and women ages 19 to 30. Men should consume 2,600 to 2,800 calories each day, and women should not exceed 2,000 to 2,200, according to livestrong.com.

calorie values are taken from the SU website

However, there are healthier alternatives. A second meal op-3,366 calories, with 136.5 grams tion only totals 1,590 calories and 40.6 grams of fat. This leaves plenty of room for morning coffee, midday Cool Beans smoothies and late night

Behind the Help Desk: New operators make IT user-friendly

BY EMILY MEGAN COX Staff Writer

you faculty, staff or student?"

Marissa Montfort-Puryear, Salisbury University senior and one of eight new student phone operators at the Help Desk, said many people are surprised to hear a live person on the other end when they call. The student phone operators are a new addition this year with the goal of making the process of solving the technological problems of both students and faculty members

more streamlined and efficient. Kevin Malone, Information Technology Help Desk manager and fulltime staff member explained the ins

Although most students do prefer entertainment over news, there are some who say they would hate to see NPR go. Junior Mike Bengtson said he is upset that the local station is not doing well, because he has grown up with public

"I would hate to see them "Ten years ago every student go," he said. "NPR is a great station that my whole family enjoys," he said. "I was practically brought up with NPR Yet in The Flyer's survey, just when I visited (my) grandpar-And then there's the problem over 5 percent said they never ents."

dents is that they are better equipped to handle problems they have faced

> "A lot of the students don't have access to faculty programs so they would be at a disadvantage to help them with those problems," Malone said.

Help Desk they receive the guidance of consultants, which Malone describes as possessing a "trouble shooting thought process."

"(It's) kind of like having a plan A, plan B (and) plan C in your mind," he

support by going to the Help Desk in TETC 113 or by calling 410-677-5454

Monday-Thursday: 8 a.m. to midnight

Saturday: 10 a.m. to 8

Sunday: noon to midnight.

"Help Desk. This is Marissa. Are

and outs of the IT help desk.

When someone calls into the desk, the phone operator directs them to the appropriate person to help solve their issues. Faculty members speak directly with full-time staffers, while students are directed to their peers for help

troubleshooting. "We want the students to be able to focus and train so they can get better and help their peers," Malone said. He said the idea of having students deal with the concerns of other stu-

themselves in the past.

When students call in or visit the

Malone also explained the four different jobs that students have at the

help desk. Malone describes lab techs as the help desk's "front line support," assisting their peers with technical difficulties in the computer labs.

Student consultants have gone through the extra training necessary to

The highest level of student employee in the IT department is the student lab manager. This job goes to the department's most adept students, who have been working there for the greatest amount of time. Lab managers serve as a sort of middleman between labs and full-time staff.

All the positions work together with the end goal of serving the IT needs of SU's student body and faculty. They all seem to agree that the addition of student phone operator helps to streamline that process.

Sophomore student consultant Jonathan Aiken said without phone operators, the department would be more hectic and disorganized.

"I think it's easier because the phones aren't ringing," Montfort-Puryear said. "It's a separate entity."

Students can get

Friday: 8 a.m. to 5 p.m.

sources, services, and opportunities for participation in all asand if I was ever confused, I could just call her over to corpects of community life," said O'Malley in a public statement. rect me without worrying about looking stupid." Campbell uses many techniques to communicate with stu-Council selects DJ co-hosts liven up WXSU Maryland's

with music and humor

CULTURES

dents who cannot thoroughly sign, including gestures, pen

"She communicates mostly through signs that we know,

and if we don't, she uses the board to write down what she

Campbell said she enjoys teaching ASL because it is reward

"I'm fully enthusiastic and energetic to teach hearing stu-

Governor Martin O'Malley declared last week Deaf Aware-

ness Week, according to the Governor's Office of the Deaf

Marylanders should become aware of Deaf citizens and gain

"It is in the interest of the State to work together to ensure

and Hard of Hearing. The organization's website said all

that those who are Deaf have equal and full access to re-

dents as I love to see them learning something completely

and paper, computers and pagers.

ing to break the communication barrier.

wants to tell us," Becker said.

respect for their unique culture.

new," Campbell said.

BY LAUREN BOYD

Staff Writer

"Rebirth Radio" is one of the many shows on WXSU, Salisbury University's student-run radio sta- the playful bantering on air. tion. The show's on-air personalities, seniors Zach Heeter and Steve Hall, also known as DJ Z-Man Experiment and DJ Request, could not be a better pair.

Heeter and Hall have been friends since the second day of school when they bonded over the fact that they were each wearing a band's t-shirt that the other respected. When Heeter needed a co-host for his show, he said it was as easy as Hall saying, "Hey

music to good people," and the

able will at least cover the core es- are pleased with the progress Maryland is making toward the imple-"We are pleased with the Council's dude, I'll be your partner." plan, Maryland is continuing its selection today of the State em-Hall said the purpose of "Releadership in implementing health ployee plans," the Co-Chairs of the birth Radio" is "bringing good care reform," said Lt. Governor An- Essential Health Benefits Advisory

thony G. Brown at the meeting. "I Board, University of Maryland duo refuses to adhere to anyone want to thank the 27 members of physician Dr. David Stewart and else's standards. the Essential Health Benefit Advi- Calvert Memorial Hospital Presi-"Radio always has to conform, sory Committee, who took the time dent and CEO Jim Xinis said in a either to top 40, country or anyto analyze the benefits of each plan statement. "The selection reflects thing else," Heeter said. "We beto ensure that Marylanders have the the views of the majority of stakelieve you should be able to play best, most affordable coverage avail- holders and will provide Marylaneverything on the radio." ders a comprehensive set of

Heeter and Hall said they choose songs to air that fit within what they call the 3 Rs: rock, reggae and rap.

While a recording studio may

seem like a serious place, Heeter and Hall's studio is far from borsongs, usually at each other's expense. Sometimes they even take

and people love that," Heeter said. "If it's all work and no fun, you're not going to get anything done." The lighthearted atmosphere

"We make fun of each other,

Heeter and Hall create is brought to all other aspects of WXSU as well.

"Sometimes we'll be in the middle of a meeting, and we'll take a 15 minute break to talk about what we'd all do if there really was a zombie apocalypse," Heeter said. "We like to have fun

WXSU has an entire room dedicated to CD's sent to them by record companies who want to test the college market before their target market.

"It's cool because we were playing songs like (Gentleman) in Paris for a month before they became popular," Heeter said.

The co-hosts said they don't spend a lot of time preparing for their shows. Heeter said they often choose a song about 10

seconds before it goes on. "It's a lot of improv, and it's a ing. Jokes are exchanged between lot of team chemistry," Hall said. "We just play whatever we feel

Hall said he had always been encouraged to try hosting radio. "People have always told me that I have a voice for the radio, so why not try?" he said.

With a smirk on his face, Heeter shot back a retort.

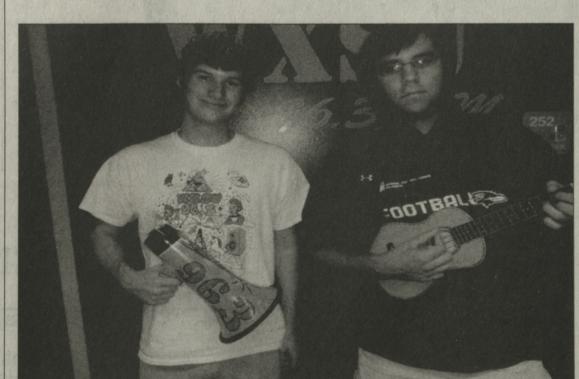
"You know why people have always told you that?" he said. "It's because you don't have the face to be on TV."

There is a request number offered on WXSU's website, but when a listener calls in, they are always met by the same response from DJ Request: "I don't take requests because I already know

what you want to listen to." Heeter and Hall get paid a grand sum of \$23.50 per year to be on the air, but Heeter said he doesn't do it for the money, but

because he simply enjoys it. To become involved with WXSU, "You just have to show your face around," Hall said. "Come around and talk to us so

we can get to know you."

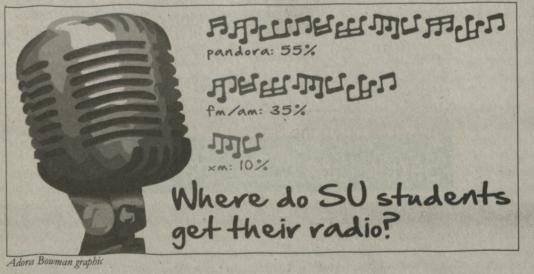


WSXU DJ's DJ Z-Man Experiment and DJ Request aka Zach Heeter and Steven Hall.

Correction from the Sept. 25 issue:

There was an error in the article "Beyond Plato's Plate" in the Sept. 25 issue of The Flyer. The day" is a day invented so that for the 6 days a vegetarian does not they do not consume meat.

eat meat they can have a day to go against their vegetarian ways and consume meat. "Meatless article stated that "Meatless Mon- Monday" is a day for non-vegetarians to choose a day where



Unique Steampunk fashion embraces Victorian style

BY ASHA AZARIAH-KRIBBS Staff Writer

The steampunk trend may be fringe, but it is a definite sign of the attraction 19th-century clothes holds for many.

Inspired by popular science fiction writers of the Victorian era, among them Jules Verne and H:G. Wells, steampunk encompasses an entire genre of books, music and clothing meant to express a sense of old-world adven- wards conveying the steampunk mode," she ture and durability in a modern age of sci-

Steampunk consists of three divisions. The cell phone or wristwatch completes the enfirst is unmistakably inspired by the Victorian semble's aim of Victorian elegance melded era. The second is post-apocalyptic, "somewhat like the fashion in the Mad Max movies," as Brenda Nelson writes in her March 2012 article "What is Steampunk Fashion?" The third is an old western style.

Due to its increased popularity since the release of the film "Sherlock Holmes: A Game of Shadows," as well as Alan Moore's concept of the "League of Extraordinary Gentlemen," and for its notable edge on Halloween costuming in vampire capes and top hats, this ar- Amazon.com is by no means least as a vendor ticle will focus on the Victorian branch of steampunk.

The essence of Victoriana is simple and easily achieved without unreasonable expense. The basic tenants are, at a glance and for a masculine quality, long-sleeves, any pants but blue jeans, and either leather boots or an unobtrusive pointy-toed shoe. With rare exception, shoe color must be black. Accessories to the look consist of a coat, long or short both depending on the weather - and, of course, a scarf always adds an element of Dickensian appeal. Vests add one more element of historical authenticity

A familiar example of this offbeat style, if slightly faded, battered, and overtly eccentric, would be Tom Baker in his '70s role as the Doctor in the British "Doctor Who" series. Less over-the-top would be David Tennant

reprising the same role as the Doctor's tenth

A more overtly feminine mode consists of the same essentials. Just add lace, and possibly a skirt. This may seem to lack edge in its simplicity but, as author of "Steampunk Archetypes" Diana Vick writes in her 2009 article "Dressing Steampunk: How to get started," accessories are the key to the look.

"Your accessories can go a long way towrote. Goggles are a favorite add-on, as are items "with a sinister aspect." Even an iPad, with shiny gears and gadgetry.

While steampunk fashion need not be expensive, there are sites where it is possible to buy a high-quality outfit made specifically in this style. "Retroscope Fashions" is an online market for the Victorian Lolita style that fits perfectly with the best of steampunk. The "Gentleman's Emporium" and "Recollections" are two other popular online stories with an eye-catching selection. And of course, of accessories.

Several annual gatherings provide steampunk lovers, aficionados and beginners alike, with an outlet for creative expression among like-minded participants. From Oct. 5-7 there is OctopodiCon, a steampunk convention featuring a little of everything for everyone and advertising the attendance of colorfully named guests of honor, Professor Elemental, Dr. Grymm, Peter Pixie, and Ay-Leen the

Steamcon IV, "Victorian Monsters," would be the perfect place to spend an early Halloween in gothic style. If only Seattle, Wash. were a little nearer to Salisbury, Md. But with continuing interest, who is to say steampunk's offbeat Victorian flare won't soon find an audience even on this quiet Eastern shore?



BY JUSTIN ODENDHAL Photo Editor

With the change into fall, some interesting ales may show up on your local beer store's craft shelves. Headlining the way are two of and both are from right on the

the great pumpkin beers available, Eastern Shore: Evolution Craft Brewing Co.'s Jacques Au Lantern and Dogfish Head Brewery's Punkin Ale. Despite these two micro brew

powerhouses being just a bottle's throw apart, their signature pumpkin ales are far from clones. Both recipes start with the basic intentions of showing the dynamic flavors of pumpkin, but each takes their own distinct paths. The pour color, the smell before the sip, almost everything is different.

Dogfish, being located in Delaware, holds a close bond with the annual Punkin Chunkin event, for which the beer is named after. The recipe even won the 1994 contest at the event, which was before the brewery physcially opened. Despite the higher alcohol content, the Punkin Ale has a much lighter taste, something to keep you warm throughout the chilling fall days without filling you up.

Unfortunately for the Dogfish Punkin, keeping the beer simpler doesn't work as well as it could. Despite the taste being a strong hook to bring you in, caramel is the major flavor to hit your mouth, and after there is not much to hang on

The fall pride of Salisbury's Evolution Brewing Co., Jacques Au Lantern, is obviously a much newer mix, but follows a similar start.

Using basic pumpkin pie spices and pumpkin mash, Evo looks to be your standard fall warmer, yet has something special.

As with all other Evolution beers, the brew master is constantly perfecting the recipes, which is easy to see in the Jacques. The mix of pumpkin pie spices is the real highlight of the beer, with the cinnamon and clove being the stars, instantly putting you at Thanksgiv-

Comparing these two ale's starts at the pumpkin and ends there, with the two Eastern Shore beer stars producing products for different audiences. Dogfish, being the older sibling of the coast, has gotten the Punkin to where anyone can pick up the pint glass and

With deep flavors and what might be an acquired taste, the Evo Jacques Au Lantern stands out to be a stronger, almost hearty drink. Next time you walk into your favorite beer-vending establishment, take a risk on a new flavor, with pumpkin ale's being one of the tastiest introductions to the craftbrewing world.

Justin's Pick:

Evolution Craft Brewing Co.'s Jacques Au

Walk because you can for ALS research

BY ASHLEY SISSELMAN Layout & Copy Editor

Members of the Salisbury community and surrounding communities gathered at Pemberton Historical Park Saturday morning to support Amyotrophic Lateral Sclerosis research. Better known as Lou Gehrig's Disease, ALS is a very rare progressive neurodegenerative disease that affects brain and spinal cord nerve cells.

ALS causes the death of motor neurons, resulting in the inability for the brain to initiate and control muscle movement.

The Robert Packard Center for ALS Research at Johns Hopkins reports that about two out of every 100,000 people are affected a year by ALS. Although rare, ALS is extremely fatal, affecting 5,600 people in the United States every year. The survival rate of those affected with ALS is relatively shortterm. Half of those affected live at least two years after diagnosis, but long-term survival is very unlikely.

ALS currently has no known cure or treatment to prevent its progression, so research for this fatal disease is significantly important. There are no ethnic, racial or

gender factors linked to ALS pa-

At the Walk to Defeat ALS, participants including Mayor Jim Ireton gathered to raise money and show support to those affected. Walkers successfully surpassed the ALS Association's goal by surpassing their \$20,000 goal ending with \$22,400 for the cause.

Salisbury local Robert Ortiz was in attendance of the walk, and was the top fundraiser for the cause. An ALS sufferer himself, Ortiz helped raise awareness with his personal story through a documentary filmed by SU alumnus Jonas Gottlieb. Mayor Jim Ireton declared Sept. 29 the official ALS Awareness day for Salisbury.

Visible signs of ALS are thinnerlooking muscles on limbs. Early symptoms of ALS include muscle weakness in the legs and arms, as well as speech, swallowing or breathing problems.

To watch Robert Ortiz's documentary on youtube, visit www.youtube.com/watch?v=DWh

For more information on ALS, or to find an upcoming walk, visit

New NFL deal puts refs back in action

BY DAVID CABRERA Staff Writer

Crisis averted. People on Twitter and in the media can relax for now. At midnight on Thursday, the National Football League and the NFL Referees Association finally agreed on a deal to get the regularrefs back on the field.

On Thursday night, when the Baltimore Ravens played at home against the Cleveland Browns, there were real officials calling the games for the first time since the Super Bowl in February. The fans in Baltimore were so happy to see them back that they gave the refer-

ees a 30 second standing ovation. Since June, referees and the NFL these three weeks, there were could not broker a deal. Commissioner Roger Goodell and the owners of NFL teams did not want to give into referees' demands, therefore, the game suffered for the whole world to see.

This past week, all anyone could talk about was the missed call at the end of last week's Monday Night Football game between the Green Bay Packers and the Seattle

Séahawks. Seattle had the ball on fourth down deep in Packers territory. Their only chance to win was to throw a "Hail Mary" pass in the end zone. The quarterback for Seattle, Russell Wilson, threw it and cornerback, M.D. Jennings, of Green Bay caught it but a Seattle wide receiver, Golden Tate, managed to put a hand on it at the last second.

In a ruling that was repeatedly explained on the Monday night

days to come, by rule, if both play- and fans. ers come down with the ball and have simultaneous possession of the ball, the offensive player gains possession. In the Monday Night Football game, Tate had possession and the calling ruled a Seahawaks touchdown with Seattle

winning the game. After the game, Packers players were tweeting out their displeasure, some derogatory in nature, such as Packers offensive lineman T.J. Lang. Some were more cryptic like Packers' tight end Tom Crabtree, who believes his team was, "beat by the 13th man."

Watching games throughout plenty of questionable calls, but the main issue throughout this debacle has been how little control on the field. During the Ravens versus New England Patriots game last week, there were so many little skirmishes after the whistle, almost as if a UFC fight was going to occur between the

two teams. There have been coaches such as the Patriot's Bill Belichick and Redskins Offensive Coordinator Kyle Shanahan, that have been fined for disparaging remarks made about the replacement referees. According to an ESPN poll, 50 percent of fans polled said that the calls made by replacement referees were embarrassing and that half of those fans would have stopped watching football because of it. Luckily, the problem was

solved and that ugly episode is

telecast and on news programs for over for the NFL, players, coaches What did the referees get out of

the new deal with the NFL? According to USA Today, the referees get a salary increase to \$173,000 and it will go all the way up to \$205,000 by the time the new NFL/NFLRA agreement runs out in 2019. Also, the referees will get a 401(k) contribution from the league which will increase from \$18,000 in 2012 to \$23,000 by 2019. Lastly, the NFL got the referees to agree to give them five referees for, as USA Today notes, "training and development' pur-

poses." During the Browns vs. Ravens game Thursday, the field felt more controlled. It was smoother than any other game this season. There were only two calls by the referees the referees have had on the action that come to mind as questionable The first call, being a personal foul called on Ravens' safety Bernard Pollard, resulting in a Browns field goal, which cut the Ravens' lead to 16-10.

> The other call, another personal foul call but this time on Baltimore linebacker Paul Kruger, helped keep the Browns last-second drive in the fourth quarter alive, but it ended with an incompletion in the back of the end zone. The Ravens won 23-16.

With game one with the referees back in the books, everything seems to be getting back to normal in the NFL; Well, whatever normal is for the most popular league in the world.

Athlete Spotlight



Leland **Thomas**

BY AMY MCFARLAND Staff Writer

The Salisbury Sharks are national contenders year in and year out and junior flanker Leland Thomas is a big part of that success. Thomas is a native Marylander, who is an Exercise Science major with an Allied Health track. Thomas took time to give some insight into the sport of rugby and what makes it unlike any other.

How did you pick Salisbury? I picked Salisbury University based upon its small size, the fact that it had my major and it was in

How did you get into the sport and when did you first start playing rugby?

As a freshman I was looking for physical activity to do to keep me in shape and give me something to do in my down time. A good friend of mine, David Burrnett, convinced me to come out for the team, and it was history from that point on.

What is your favorite part about

the sport is the fact that it has the constant game flow of soccer, yet the contact that is involved with football. With going to Florida, Tennessee and Utah in years past, I also like the fact that rugby has given me the opportunity to see different parts of the country. But what I like the most about rugby is the fact that it has surrounded me with a group of guys that I can now consider lifelong friends.

....... Your position is flanker, what

role does that play on the team? In the game of rugby there are

two different types of positions: Backs and Forwards. They can be compared to skill position athletes and linemen (respectively) of football. Just as tight ends in football are known to be a type of hybrid player, a flanker in rugby is a hybrid position that can play like a forward and back both defensively and offensively. Flankers are primarily known for making consistent tackles and having very fluid offensive play.

What are your best attributes? I feel as if one of my best attributes is the fact that I'm a defensively oriented player. Making solid tackles on a rugby pitch is an essential part of the game.

The team is one of the best in the country. Is the goal always a national championship?

Come out and support the rugby team en route to a National Championship by coming to their last two regular season home games. The first game is Saturday, Oct. 13 at 1 p.m. on the intramural fields vs. George Washington University and the last one against their biggest conference rival, Towson University, is Saturday, Oct. 27 at 6 p.m. at the

intramural fields.

Subject Of the short of the sho Dominates in Double Header

BY ASHLEY MARTIN Staff Writer

Salisbury University's volleyball team defeated both opponents, Rivier University and Saturday's games.

Women's volleyball (21-1, 3-0) beat Rivier University 3-0 in Saturday's opening game.

"We knew coming into the game that Rivier had a pretty good record," said Margie Knight, head coach. "We expected a challenge from this

Rivier came out of the starting gate with a kill, earning the first point of the game. SU took over the lead and maintained it for the remainder of the first set after a service ace by Kacey Franz.

Rivier made a close attempt to take the lead, trailing behind by two, 24-22. Coach Knight called a timeout right before Rivier's serve.

"I do that sometimes to disrupt the server," Coach Knight said. "If the serve is out of bounds then the game ends and we win."

SU won the first set of the The second set was the clos-

est of all three sets with three ties and two lead changes toward the end of the match. Rivier started the game with six straight points and held the lead for most of the game. SU came back into the competition and tied the game 15-15 after a service ace from Kelly

"We started passing more in the second set," setter Carley Todd said. "That's how we came back and won."

The third set ended in vic-Virginia Wesleyan University, in tory for the Salisbury team as well with kills and attacks from Kelly Viera, along with service and attack errors from Rivier. SU closed out the third set in a

> "Coming into this game, we were sure to strengthen our block," Coach Knight said. "Once the block is in sync, good things happen."

SU demonstrated their hard work in practices during Saturday's games. Their practices ceive and passing drills for the first part. The last part includes game play and scrimmaging to prepare for competitions.

"I try to keep practice fresh and change drills a bit," Coach Knight said. "If we work as a team in practice to achieve a goal, then we'll come out on the court as one."

The next opponent SU faced competitive team," Coach on Saturday took the team to a five-set game. Virginia Wesleyan University (14-5) gave SU worry about the other team." a competitive game.

The first set of the game ended with SU on top for the start of the game as they won the first set 25-19. Once again the second set of the match was the turning point of the game. VWU defeated SU 25-

"VWU made a lot less mis-

takes than Rivier," team player Michelle Meehan said. "The important thing was to come back on top from the loss."

VWU took over the lead of

the game when they won the "They have several offensive team players Ashlyn Tapey and weapons," Coach Knight said. "They're a more balanced and

> much older team." SU stayed in the competition and defeated VWU in the fourth set 25-21, tying the

"We were mad that we were losing 2-1 on our home court, Meehan said. "We fought back and made a lot less mistakes." After a VWU attack error made the game 23-20 with SU generally consist of service, re- in the lead during the fourth set, the crowd roared and cheered for the Salisbury team. "Although VWU came with a

> supporting bench and fans," Meehan said. SU closed out the competi-

tion during the final set, defeating VW.U 15-12. "This was a great and very

Knight said. "But we just try to play like us and try not to SU volleyball will play Johns Hopkins University next on Wednesday at 7 p.m.

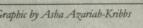


Justin Odendhal photo

The Flyer file photo.







Tuesday, 10/2

Writers-On-The-Shore: Edward P. Jones Wicomico Room, 6 p.m. 4:30-7:30 p.m.

Riall Education Lecture HH Auditorium 7:30 p.m.

Wednesday, 10/3

EVENTS

Feast of the Moon The Bistro

Brazil Identity Lecture Great Hall 7 p.m.

Dream Act Forum. Wicomico Room 7 p.m.

Thursday, 10/4

Jeremiah Chiu Lecture Fulton Hall 111 5 p.m.

Saturday, 10/5 Sea Gull Century

CALENDAR

Women for Obama rally Idlewild Park (Easton) 1-3 p.m.

Sunday, 10/5

Catholic Mass Scarborough 5:30-6:30 p.m.

Monday, 10/8 Dance: Forro Holloway Lawn 5 p.m.

Book Sale Blackwell First Floor 8 a.m.-2 a.m.

Mooney Comes Up Big in overtime

BY GEORGE KIRIAZOGLOU Staff Writer

The Salisbury women's soccer team hosted the Stevenson Mustangs on Wednesday at the SU soccer complex.

Both teams fought back and forth the whole game, but in the end it was senior midfielder Erin Mooney who scored off a penalty kick with 31 seconds left in overtime. This goal soared past the Mustang goalkeeper and gave the Sea Gulls the 1-0 victory.

A handball called against Stevenson resulted in a penalty kick that gave the Sea Gulls the opportunity they needed to win the game. Freshmen Victoria Luc and Julie Dannenberg both had shots blocked by the Stevenson goalie late in the second half of overtime. In a scramble to gain possession, a Mustang defender landed on the ball giving the Sea Gulls a penalty kick. Mooney positioned the ball perfectly on the left side of the net and snuck it past the Stevenson goal-

"I was a little nervous, but I focused on placing the ball on target," Mooney said. "This was a great win."

Salisbury and Stevenson both had opportunities to score, but neither team could finish in regulation. In the 19th minute of the game, sophomore goalkeeper, Michelle Conrad, almost scored from midfield on a free kick. This was an

exciting moment for the Sea Gulls, but Stevenson saved the ball.

Prior to overtime and with 10 seconds left in regulation, the Sea Gulls almost scored again. Mooney sent a free kick in front of the Mustang goal, but unfortunately the timing wasn't right and possession was handed back to Stevenson.

Goalkeeper Michelle Conrad had another shutout performance in goal and would record her fifth shutout game of the season. In her career she has tallied 10 total shutouts. In this game, Conrad had five saves and a crucial one came in the first half of overtime, in which she had to jump and punch the ball over the net; a save she has become familiar with. Stevenson had 23 shots to Salisbury's 15, but only five shots were actually on target for Stevenson.

The Sea Gulls never gave up and fought until the end of the game. This was a well-deserved win for Salisbury and surely gave them a boost of confidence heading into their next game.

"Going into overtime, the team didn't drop mentally or physically, and I was pleased with how they played," said Head Coach Jim Nestor.

The Salisbury Sea Gulls will be heading to Virginia on Saturday to take on Marymount University. On Oct. 6, Salisbury will be hosting Frostburg State University in a Capitol Atlantic Conference match that will begin at noon.



Justin Odendhal photo The Flyer file photo.

Insanity Groups Stay Strong at Maggs Gymnasium



Amy McFarland photo

SU students and faculty participate in group Insanity workout in Maggs.

BY AMY MCFARLAND Staff Writer

As the semester gets in full-swing and schedules get busier, it's hard for students to make the hike to University Fitness Cub to utilize the gym's workout programs. Many students have found a solution by engaging in the Insanity workout that has arrived on campus at Maggs Gym.

The workout video begins with a warm up jog, some high knees and butt-kicks and then bam! Before you know it, Insanity instructor Shaun Thompson is yelling for some sprints in place, squatting jumping jacks and push-

"All about speed and power," the shirtless instructor repeats, as he and his group of sweaty participants engage in demanding car-

Along with the agonizing cardio boosting activities, stretching and balance are also emphasized in the workout. To keep muscles from tightening and cramping, the video instructs participants to stretch between many of the sets. Several 30 second water breaks are taken, allowing everyone to take a breather between the most intense parts of the workout. During the workout, it was clear that several were returning participants, while others were new to Insanity. While some students had to stop to take a small extra break, others remained diligent and fought against the urge to stop.

One of the returning participants, Colleen Costello, gave her initial reason to join the In-

I just wanted to get in shape and I've heard really good things about Insanity," she said. While Costello and many others have taken advantage of this opportunity, not everyone

knows how the class began at Maggs. Dr. Michael Vienna, the Athletic Director at Maggs, described how Insanity began there.

"When we opened our University Fitness Club, we started what I then, and still believe now, is a vibrant group exercise program, but it appears that that group exercise program hits those students that live in that vicinity," Dr. Vienna said. "Our goal has been to try and introduce more group-fitness activities for those on-campus students and the faculty

Vienna noted the surprisingly large turnout that Insanity received when it was first intro-

"We didn't send the notice out until late afternoon on the Friday before the first week it began, there really was not much advertising," Vienna said. "We had 107 people the first day, and to be honest I anticipated only 20 peo-

This confirmed that there was a demand for more on-campus group fitness opportunities.

While Vienna helped introduce SU to Insanity, he gives credit to Arthur Lembo, a geography professor who was a fan of the workout and the first person to speak up about the idea. He also attributes Matthew Nien, Manager of the Facilities and Fitness Programs and Eric Price, the University Fitness Club Manager, to the program's success.

Although the Insanity group remains at large numbers of around 50 to 80 students, there's always room for more if you are thinking about taking on the challenge. The class is on Monday, Wednesday and Friday at noon and 11:15 a.m. on Tuesdays and Thursdays.

"Don't give up," said Helen Aulisio, another regular in the class. "You just have to mentally prepare yourself for it."

Lockout Puts NHL Season in the Lurch

BY COREY SZNAJDER Staff Writer

Back in 2005, the National Hockey League had to cancel the entire season due to a lockout.

This incident was a public relations nightmare for the league and changed the way the game was played forever. Despite positive signs, such as a multi-year television deal with NBC Sports and game attendance being up in recent years, the NHL has decided to lock their players out yet again, leaving the upcoming season in jeopardy.

The root of this problem lies in the league's Collective Bargaining Agreement (CBA), which is a contractual agreement between the team owners and the players' association that dictates factors such as how much players are paid per season, how much hockey-related revenue is shared between the different team owners and determining maximum term lengths on rookie contracts.

The previous CBA expired on Sept.15, and a new one has vet to be agreed upon, which has resulted in the NHL being in a similar spot to where they were seven years ago with the players being in lockout.

So far, all the lockout has done is cancel training camp and all

of the pre-season games, but there are some fans who fear the worst, given what happened in 2005. The NHL has shown that they aren't afraid to shut down an entire season and it's possible that they might do it again. There is still some hope as the players' association and team owners met for the first time since the lockout was announced.

Fans might be hoping for the best, but this is still going to be a long process because the two sides are so far apart on these issues. The owners of big market teams such as Toronto and Montreal may not be willing to share what they feel is "their income" with franchises like Phoenix, Florida and Columbus, who are treading water financially.

In addition, the owners are not prepared to offer the players as much as they were hoping for, as indicated by their initial proposal, which would give the player's 46 percent of the NHL's hockey-related revenue; which is down from the 57 percent they initially received and would diminish players' salaries

The owners have a net worth of a billion dollars, but with the NHL making the smallest income out of the four major professional sports leagues, including the NFL, NBA and MLB, it seems that they want to be more conservative with their funds. The players, however, feel they are worth more than that and

the owners have the money to pay them. This is where opposing sides differ and the executive director of the NHL Players' Association, Donald Fehr, is going to do his best to make sure the player's get their fair share of the cut.

While this is all going on, many of the NHL's top players are signing contracts to play in leagues overseas to stay fresh for the season, whenever it may start. Some of the NHL's biggest stars including Alexander Ovechkin, of the Washington Capitals and Evgeni Malkin, of the Pittsburgh Penguins, have joined Russia's Kontinental Hockey League (KHL). Other players, including some of the NHL's finest young talents such as Ryan Nugent-Hopkins and Jeff Skinner, have been sent to their club's American Hockey League affiliates to play while the NHL gets their issues sorted out.

When we will see these players back in an NHL rink is a good question. With the season slated to begin on Oct. 11 and the owners and players' association only beginning talks now, it looks like the NHL will have a shortened season, barring a miracle within the next couple of weeks. Much like the last lockout, this leaves the fans in a helpless situation because all they can do is wait it out.



